

DENTAL FIRST AID

Following a Head or Mouth Injury:

- Calm the injured person
- Check to determine the type of injury and refer to the **Action Plan**.
- If **minor bleeding**:
Apply direct pressure with sterile gauze or clean cloth. If bleeding doesn't stop within ten minutes, contact parent and arrange to take child to the emergency room.
- If **bleeding profusely**:
Contact parent. Arrange for emergency services by an emergency squad or emergency room.

ACTION PLAN

1. Knocked Out Permanent (ADULT) Tooth (avulsed tooth)

- Find tooth, but do NOT handle it by the root (hold the tooth by the crown).
- If tooth is dirty, rinse gently with tap water; don't scrub or use antiseptic.
- Attempt to gently replant tooth into the socket. Have the child hold in place with a tissue or gauze.
- If replanting tooth is not possible, place tooth in a tooth preservation system* or, if unavailable, a glass of cool milk.
- If a tooth preservation system or milk is unavailable, place tooth in saliva by having the child spit into a cup.
- Place tooth in saline solution or water only as a last resort. Tooth must not dry out!
- Contact parent. Arrange to take child and tooth to dentist IMMEDIATELY. Replantation within 15 minutes is best.

2. Knocked Out Primary (BABY) Tooth

- Primary (baby) tooth should not be replanted.
- Contact parent. Arrange to take child to dentist as soon as possible.

3. Tooth Loosened/Chipped/Pushed Into Gums

- Gently clean the area with warm water.
- Do not attempt to move tooth into correct position.
- Contact parent. Arrange to take child to dentist immediately.

4. Toothache

- Do not place aspirin on gums of aching tooth (aspirin will burn gums).
- Contact parent. Arrange to take child to dentist as soon as possible.

5. Injury to Lips, Tongue, Cheek

- Rinse affected area with warm water.
- Place cold compress over area to minimize swelling.
- If injury is due to a fall or if tooth is chipped, contact parent. Arrange to take child to dentist immediately. (Foreign matter lodged in lip may cause infection.) Also, see #3 above.

6. Broken or Dislocated Jaw

- Immobilize jaw by placing a triangular bandage from first aid kit, scarf, necktie, or towel under the chin tying the ends on top of the head.
- Contact parent. Arrange to take child to emergency room immediately.

Find more information at www.odh.state.oh.us

*See ODJFS Rule 5101: 2-12-16 or 5101:2-13-16

EMERGENCY TELEPHONE NUMBERS

Arrange to have a dentist on call for weekend or evening emergencies.

Dentist: _____ Emergency Squad: _____